THE CAVE BEAST BURGER
Minced chicken & lamb flavoured with garlic, peppers, cheese, herbs served with salad & chips.



TEL: 01366 659 351 38 BRIDGE ST, DOWNHAM MARKET PE38 9DH

www.thecavekitchen.co.uk		Food Menu	PE38 9DH
COLD STARTERS			
HUMMUS Mashed Chickpeas blended with tahini, dressed with olive oil, lemon and garlic.	6.00	KISIR 6.00 Cracked wheat mixed with spring onions, tomato sauce and fresh celery seasoned with pomegranate molasses and fresh herbs. YAPRAK SARMA Stuffed vine lives with rice, pine kernels & black currants.	6.00
TARAMA SALATA Fresh cod roe dip beaten with olive oil.	5.90	BBQ GRILLED ONION 6.50 YOGURT Pomegranate juice and turnip juice	3.50
CACIK Creamy yoghurt mixed with cucumber, mint, dill and garlic.	6.20	EZME SALAD Freshly chopped parsley, green pepper, tomato with onions and herbs dressed with pomegranate. 6.50 OLIVES A bowl of marinated, premium quality, green, black jumbo of marinated premium quality, green, black jumbo of marinated premium quality.	4.50 olives.
BABA GANOUSH Smoked aubergine mixed with garlic, tahini, strained yoghurt and olive oil topped.	5.90	BARBUNYA PILAKI Red beans cooked with potatoes and carrot 6.20 THE CAVE MIXED MEZE FOR 2 Selection of cold starter	19
HOT STARTERS			
ROASTED GOAT'S CHEESE Honey glazed and roasted goat's cheese	8.95	FILO PARCELS Feta cheese and spinach within fried filo pastry. 7.20 SUCUK Grilled spicy Turkish sausage.	7.20
GRILLED HALLOUMI CHEESE Grilled halloumi cheese served with lettuce and cherry tomatoes dressed with pomegranate sauce.	6.95	DEEP-FRIED CALAMARI Specially marinated calamari served with tartar sauce, mixed leaves and lemon. 9.95 LAMB LIVER Freshly diced pan fried lamb liver with herbs served with red onions and parsley.	8.95
GRILLED KING PRAWNS	10.55	HUMMUS KAVURMA 8.95 CAMEMBERT CHEESE Fried camembert cheese with cranberry jam	7.20
Butterfly king prawns with garlic, parsley, tomato puree, lemon and butter	10.00	Mashed Chickpeas blended with tahini, dressed with olive oil, lemon, garlic and topped with diced meat and pine nuts. FLAMING SAGANAKI CHEESE Grilled saganaki cheese with flaming brandy	9.95
FALAFEL Deep-fried delicious falafel on hummus	7.00	SUCUK HALLOUMI MIX Spicy Turkish sausage and grilled hallloumi. 7.20 CREAMY GARLIC CHEESY MUSHROOMS Pan fried mushrooms in a creamy garlic sauce with cheese.	7.50
GRILLS			
ADANA KEBAB Minced lamb with bell peppers and herbs grilled on a skewe	16.95	All grill dishes are served with salad and rice LAMB GRILL KOFTE 16.95 Minced lamb meat, flavoured with garlic, pepper and herbs. LAMB CUTLETS Chargrilled lamb cutlets seasoned with herbs.	24.95
CHICKEN AND LAMB FILLETS Marinated chunks of chicken and lamb, grilled on a skewer.	19.95	CHICKEN GRILL KOFTE 16.95 Minced chicken meat, flavoured with garlic, pepper and herbs. CHICKEN WINGS Marinated chicken wings grilled on a skewer.	15.95
LAMB FILLETS	22.95	MIXED GRILL KOFTE 17.95 Minced chicken & lamb meat, flavoured with garlic, pepper & herbs. 17.95 Charcoal grilled lamb spare ribs.	22.95
Marinated prime cubes of lamb grilled on a skewer. CORN-FED CHICKEN FILLETS Marinated prime cubes of chicken grilled on a skewer.	17.95	CHICKEN BEYTI Minced chicken, flavoured with garlic, pepper and parsley grilled on a skewer. 16.95 CAVE MIXED KEBAB An assortment of grilled chicken shish, lamb shish, adana, chicken wings, and a lamb ribs.	25.95
		HOUSE SPECIAL	_
CHICKEN SARMA BEYTI Marinated mince chicken seasoned with garlic and grilled	18.95	All specials are served with salad and rice CHICKEN SHISH ISKENDER 20.95 ALI NAZIK KEBAB	18.95
over charcoal, wrapped in lavash bread and topped with tomato sauce, then drizzled with butter.		LAMB SHISH ISKENDER 22.95 Smoked aubergine, garlic, yoghurt and minced lamb	
LAMB SARMA BEYTI Marinated mince lamb seasoned with garlic and grilled	19.95	Grilled lamb shish kebab prepared with yogurt and butter sauce HALEP KEBAB	18.95
over charcoal, wrapped in lavash bread and topped with tomato sauce, then drizzled with butter.		SPECIAL MIXED LAMB 25.95 Selection of lamb shish, lamb kofte, lamb chops and lamb ribs. Minced lamb seasoned with parsley, paprika, peppers, prepared with butter tomato sauce.	
FISH VEGETARIAN DISHES			
SEA BASS WHOLE Grilled sea bass served with salad and chips.		23.95 FALAFEL Ground chickpeas and broad beans toasted in spices and deep fried	14.90
SALMON FILLET WITH ASPARAGUS Seasoned fresh salmon steak served with salad and chips.		22.95 served with humus, rice, salad, chilli sauce and bread. VEGETARIAN KEBAB	15.95
JUMBO KING PRAWNS		Grilled aubergine, mushrooms, courgette, peppers with onions and tomatoes. Served with salad and rice	10.00
Butterfly king prawns with garlic butter, lemon sauce served		HELLIM KEBAB	17.95
BEEF STEAKS AN	ID BU	20.05	
This steak is cut from the rib of beef. The marbling fat produ Served with steak cut chips, mushroom and cherry tomatoe	ices intense f es.		4.50
SIRLOIN STEAK 28.95 BASKET BREAD This steak is suit from the short loin. Served with steak cut chins, mushroom and cherry tomatoes.			2.50
T-BONE STEAK 28.95 CHUNKY CHIPS			4.50 4.60
T-bone steak served with thick cut steak chips, mushroom a	FRESH SPINACH WITH TOMATO & RED ONION	6.00	
THE CAVE LAMB BURGER Minced lamb with peppers and herbs grilled on a skewer served with salad, cheese & chips 14.90 MIXED, SEASONED, BBQ VEGETABLES HOT BBQ BULLET CHILLIES			5.50 4.50
THE CAVE CHICKEN BURGER Minced chicken flavoured with garlic peppers, parsley grilled	d in skewer s	14.95 erved with salad & chips. FOOD ALLERGIES & INTOLERANCES: PLEASE SPEAK TO OUR STAFF	
THE CAVE DEACT DUDGED		40.05 APOUT THE INCREDIENTS IN VOUR MEAL WHEN MAKING VOUR ODDE	

18.95

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All price exclusive VAT.